



The Mabuhay Star

Issue Summer 2019

Official Newsletter of Mabuhay, Inc., a Filipino-American Organization

<http://mabuhayinc-md.org/>

IN THIS ISSUE

- 1 2019 MICS Year-End Program
- 2 2019 MICS Year-End Program (cont.)
- 2 Golf Tournament
- 3 King & Queen of Hearts
- 4 Mother's & Father's Day
- 4 DC WHARF Festival
- 5 Camp Mabuhay
- 6 PAFC Pinoy Grad
- 7 About Mabuhay, Inc.
- 7 Upcoming Events

2019 MICS Year-End Program

by Moks Laureles

Last May 18, 2019, the Mabuhay Inc. Culture School (MICS) concluded another school year with its annual MICS Year End Program at the College Park Community Center. With Mabuhay Inc. President Judy Cardano and Education Chair Austin Conaty, MICS Director Moks Laureles welcomed parents and MICS students showcased their knowledge of the Filipino language through a song, Kaibigan, and two situational dialogues where MICS parents also participated. For the fifth year in a row, the MICS students showed their dominance over their parents of their command of the Filipino language and culture through the Karambola Game. This year, Mr. Rodelio "Waway" Saway, Sr. was the Guest of Honor and Speaker. Mr. Saway shared about his ethnic tribal background and the importance of honoring and remembering one's roots. Mr. Saway comes from the Talaandig tribe from Bukidnon in Northern Mindanao. He also performed using an indigenous lip flute, called the Hulagteb, a bamboo flute with exquisite etched design inspired by nature. He also played a one-string guitar. With MICS Dance teacher Liezl Argente and MICS founder, Mencie Hairston, Moks Laureles gave out certificate of attendances for all MICS students for School Year 20178-2019. MICS will return at College Park Community Center on October 5 for its Fall Open House.

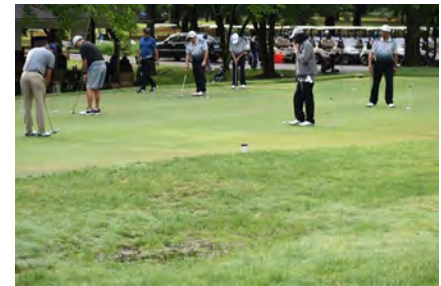


2019 MICS Year-End Program (cont.)

by Moks Laureles



2019 Golf Tournament



King and Queen of Hearts

by Brian Alexander

Mabuhay Inc. held its annual King & Queen of Hearts event at the Attic Towers Senior Apartment in College Park, MD on April 17th. This program included cultural entertainment, food, and prizes for the residents and a crowning of a King and Queen for the day. Mabuhay is proud to share a small part the Filipino culture to this senior community by bringing a piece of the Philippines to them. The program started with our wonderful kids from Mabuhay Inc. Culture School performing the Medley Cultural dances. Afterwards, the entertainment moved to our youth group who performed Mamang Sorbetero Dance. The last portion of the program's entertainment was our lovely senior group who did double work, including a fashion show which featured traditional Filipino cloth-ing such as colorful barongs and kimonas as well as their performance of great musical melodies of our very own Harana Group.

This year's winners of the King & Queen of Hearts were residents Lloyd Bondurant, age 93, (King) and 101 year old Sung Keun Oh (Queen). This year's winners also entertained us with a dance while being serenaded by the Harana Group.

We were also honored to have Prince George's County Assistant Commander Kathleen Biddison join us for the festivities as a representative from Chief Hank Stawinski's office. Also, Mayor Pat-rick Wojahn of College Park joined us and had a few inspiring words for the residents as well as Mabuhay including compliments on the Filipino food of which he is a big fan of. We were thankful that both Commander Biddison and Mayor Wohahn were able to take time out of their busy schedules and join the residents of Attic Towers and Mabuhay.



Mother's and Father's Day Event



DC WHARF Festival Performances- June 22, 2019



Camp Mabuhay

by Melissa Dela Cuesta

It's been another successful summer session of Camp Mabuhay! Camp Mabuhay is an annual two day summer program geared towards educating adopted Filipino children and their families. Campers are matched with an Ate or Kuya camp counselor and spend the session learning about and bonding over our Filipino culture. We had a house full of fun with our mga kaibigan (friends), including over 40 volunteers and 20 campers. This year, we explored how foreign influences shaped the Philippines and its culture. Campers learned about language similarities and clothing inspiration from Spain, foods from China similar to our well-loved lumpia, entertainment like kpop and kdramas supplied by South Korea, and much much more! Even our parents got into the festivities, wiggling up and down while making sweet Filipino spaghetti.

With culture comes tradition, so of course we had to bring back some of our favorite Camp Mabuhay traditions. Smiles of eagerness filled the room as Titas and Titos put the finishing touches of scoops of adobo and handfuls of lumpia on bananas leaves for our boodle fight lunch. Campers enjoyed classic Filipino dishes—including foods made by them and their fellow campers—and happily participated in eating with their kamay (hands). Cheers filled the room when campers and Ate/Kuyas showcased their talents in our annual talent show, from playing instruments, singing, and dancing. Members of MICS also gave a special performance, showcasing members who were campers and counselors. As camp began to wind down, campers presented what they learned from camp this year—jeepneys paraded across the room, laughs filled the air after watching a skit, rounds of applause roared after hearing a funny song about cooking, and eyes watched with interest during an arnis demonstration. Camp Mabuhay really is where all our friends are. So until next time, under the blue sky, we say MABUHAY!



PAFC Pinoy Grad

by Kayla Argente

Two words that would describe my experience being part of the community panel at Pinoy Grads on May 18, 2019 are gratitude and pride.

I am grateful for Philippine American Foundation For Charities (PAFC) to continue an event that celebrates and brings awareness to the Filipino-American community.

This event celebrated our cultural roots, our achievements (being a graduating student in the DMV area), and our goals, stories, and passions.

I am proud of the sense of "togetherness" and of the bayanihan ("community-building") spirit that Filipino people hold.

I am proud to see Youth Mabuhay members: Katherine Argente, Gema Esguerra, Chrsitus Quidlat, Melissa dela Cuesta, Nicholas Manzo, and Joseph Conaty be part of this second annual Pinoy Graduation Showcase.

Speaker Sonya Aranza further added to the showcase, by reminding us young Filipino-Americans to not forget our roots.

Our Filipino culture, our history, our parents' struggles reflect our talents and strengths. Filipinos are hardworking, hospitable, flexible, resourceful, respectful, loving, industrious, positive, and full of grit.

Not only did our ancestors and our parents carry that, but so do we. By gathering together the Filipino community and celebrating our culture and achievements, we are reminding this generation of young Filipino-Americans to carry these talents and to motivate and inspire the next generation as well.



You Can Help

BE A SUPPORTER

Your tax deductible contribution will help us carry on the various projects we have for our youth, senior citizens and community outreach.

Mabuhay, Inc. is a 501(c)(3) organization and all donations are tax deductible to the full extent allowed by law.

BE A MEMBER

Membership is open to everyone who supports the goals of the organization.

Register online at www.mabuhayinc-md.org/



UPCOMING EVENTS

Oct 2019

MICS OPEN HOUSE

October 5th 1:00 pm - 3:00 pm @ Community Center at College Park

Dec 2019

STAR NG PASKO (Mabuhay Christmas Party)

December 7th 5:30 pm - 11:59 pm @ Sheraton Hotel

THANK YOU FOR YOUR CONTINUED SUPPORT!