



# Mabuhay, Inc.



## Harmony in Diversity



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## ★ About Us

*Established in 1985, Mabuhay, Inc. was organized in response to a felt need in the Filipino American community for a support group - a network of individuals, families, and their friends who have similar concerns about assimilation into the American mainstream, interracial marriages, raising biracial children, and maintaining ties with the "old country" - the Philippines.*

Mabuhay, Inc. is a non-profit organization as described under section 501(c)(3) of the Internal Revenue Code.

## ★ Goals & Objectives

- ♦ *To foster a better understanding of American and Filipino culture among its members by providing a forum whereby ideas, hopes, talents and skills may be shared and developed.*
- ♦ *To provide emergency assistance to qualified persons in need.*
- ♦ *To form a network of resident Filipino Americans to facilitate adjustment to life in the United States.*
- ♦ *To foster an awareness and understanding of the Civil Rights Act.*
- ♦ *To develop, promote and sponsor programs and activities that advance the ideals of multiculturalism, peaceful co-existence and harmony among all people.*

## ★ Programs

### Camp Mabuhay

*Camp Mabuhay is an annual summer camp that provides adopted children with a unique opportunity to connect with their Filipino heritage, fostering a sense of identity, belonging, and forming lasting friendships with others who share similar experiences. Camp Mabuhay are held in Maryland, Connecticut, and Indiana.*

### Dance Ensemble

*Dancers of all ages celebrate and promote the rich cultural heritage of the Philippines. By performing at a variety of venues, including community events, festivals, nursing homes, senior living communities, local schools, and libraries, the group not only showcases traditional Filipino dance but also fosters cultural awareness and appreciation in the wider community.*

### Harana Group

*The Harana Group spreads joy and holiday spirit to the residents of local nursing homes through heart-felt performances of Filipino and Christmas songs. With their beautiful harmonies and warm presence, the group lifts the spirits of elderly individuals, offering them not only music but a sense of connection and community. This act of kindness and generosity fosters a brighter, more festive atmosphere, creating lasting memories for those who may feel isolated during the holiday season.*

### Mabuhay, Inc. Culture School (MICS)

*MICS is a weekend program that runs from October to May, designed to enrich children ages 4-16 through cultural and educational experiences. Participants will explore Filipino-American and Philippine history, traditions, culture, and conversational Tagalog. The program also offers a variety of activities, including arts and crafts, cooking, music, folk dance, indoor and outdoor games, and field trips.*

### Membership

*Members of Mabuhay, Inc. enjoy free and exclusive access to all programs, entertainment, and events, as well as valuable resources through various training sessions, workshops, and forums. Additionally, members have the opportunity to volunteer with the organization, fostering stronger relationships and a deeper sense of connection and engagement with fellow members, supporters, and the broader community.*

### Outreach

*The Outreach Program offers and promotes opportunities for members to get involved and make a positive impact, particularly for underserved children and communities. This includes organizing initiatives like biannual dental mission and school supply drives at various locations in Maryland and the Philippines to name a few ongoing projects.*

### Seniors

*The Seniors Program offers access to resources such as wellness initiatives focused on health, aging, and other topics relevant to older adults. Members also have opportunities to stay active and engaged in community outreach through activities like weekly community prayers, monthly Zumba or line dancing sessions, and singing at nursing homes or senior living communities with the Harana Group.*

### Ways and Means

*The Ways and Means Program provides members with opportunities to build and strengthen relationships while effectively collaborating with donors, volunteers, and other stakeholders. Through this program, members can enhance their skills in developing and implementing fundraising strategies, soliciting donations, and managing ongoing fundraising campaigns.*

### Youth

*The Youth Program offers young members the opportunity to grow personally and socially while making significant contributions to the community. Participants can enhance their leadership skills, elevate their interpersonal and social abilities, earn community service hours through volunteering, and grasp the essentials of teamwork by organizing and collaborating on a diverse range of projects and outreach initiatives.*

To become a lifetime member of **Mabuhay, Inc.**, sign up today at [www.mabuhayinc-md.org](http://www.mabuhayinc-md.org).

All donations to **Mabuhay, Inc.** are tax deductible to the full extent allowed by law.